

# Broken Plate

KITCHEN

1159 AUSTIN STREET, UNIT 106 A | 252.597.3294 | WWW.BROKENPLATEKITCHENOBX.COM

## LUNCH

Served 11am-4pm

### APPETIZERS

#### SEARED DIVER SCALLOPS \$16.99

Fresh ocean scallops seared and topped with bacon jam and mango salsa.

#### CRISPY CALAMARI \$13.99

Fried Calamari served with a roasted pineapple sauce.

#### MOZZARELLA STICKS \$8.99

Fried cheese sticks served with warm marinara sauce.

#### CARIBBEAN STYLE CRAB CAKES \$16.99

Lump crab cakes with herbs and spices topped with mango salsa and a cilantro lime aioli drizzle.

#### QUESADILLA 9.99

Tortilla loaded with onion, peppers and cheese.

•Chicken \$2 • Shrimp or Crab \$3

#### WINGS \$14.99

Jerk • Mango Habanero • BBQ • Hot • Old Bay

### SALADS

#### WEDGE HALF \$7 FULL \$14

Cherry tomatoes, bacon, blue cheese crumbles over iceberg lettuce served with blue cheese dressing.

#### CAESAR HALF \$7 FULL \$10

Crispy romaine tossed in a classic caesar dressing, croutons and parmesan cheese.

#### CHICKEN CHOPPED SALAD \$15.99

Cherry tomatoes, blue cheese crumbles, avocado, cranberries and bacon over chopped romaine served with raspberry vinaigrette.

#### TROPICAL SALAD \$11.99

Fresh greens, strawberries, apples, mango and cheese.

Dressings

Ranch • Blue Cheese • Raspberry Vinaigrette • Balsamic Vinaigrette

ADD A PROTEIN TO ANY SALAD

SHRIMP \$8 • CHICKEN \$7 • FISH \$8 • CRABCAKE \$9

## SANDWICHES

served with fries

#### AVOCADO CHICKEN MELT \$12.99

Grilled chicken, avocado, roasted red pepper, chipotle sauce and cheddar cheese.

#### ISLAND BURGER \$14.99

Tomato, lettuce, onion, pickle and cheese. add bacon \$1.50

#### BLACK & BLUE BURGER \$15.99

Blue cheese crumbles, bacon, tomato, lettuce and onion.

#### CRABACADO TOAST \$14.99

Crab and avocado on a multigrain toast topped with pickled red onions.

#### CRAB CAKE SANDWICH \$15.99

Lump crab cake with tomato, lettuce and a cilantro lime aioli drizzle.

Fried • Grilled

#### FRIED CHICKEN SANDWICH \$14.99

All white meat, cheddar cheese, tomato and house made slaw. add bacon \$1.50

#### FISH SANDWICH \$14.99

• Fish of the day tomato and house made slaw.

#### BACON JAM CHEESEBURGER \$15.99

Sweet & savory bacon jam, tomato, lettuce and cheese.

## SMALL PLATES

#### CARIBBEAN SPICED FISH \$19.99

Coconut rice served with seasonal vegetable and topped with mango salsa.

#### PAN JERK CHICKEN \$15.99

Slow smoked jerk chicken served with rice and beans and vegetables

#### TROPICAL TACO \$16.99

Topped with mango salsa house made slaw, avocado lime dressing. served with fries  
Fish • Shrimp

#### RASTA PASTA \$17.99

Jerk marinated grilled chicken and bell peppers tossed in a parmesan cream sauce. \*Mild\*

## FRY SIDE

served with fries

#### FISH & CHIPS \$15.99

#### FRIED SHRIMP \$14.99

#### CRISPY OYSTER \$18.99

#### CHICKEN TENDER \$13.99

#### COCONUT SHRIMP & SCALLOP \$18.99

#### KIDS MEAL \$9.99

Kids meal come with iced tea or fountain drink

#### CHEESE BURGER

#### CHICKEN TENDER

#### GRILL CHEESE

#### PASTA

## ASK ABOUT OUR TASTY TREATS



20% GRATUITY WILL BE ADDED TO PARTIES 6 OR MORE.

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF  
FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS

# Broken Plate

KITCHEN

1159 AUSTIN STREET, UNIT 106 A | 252.597.3294 | WWW.BROKENPLATEKITCHENOBX.COM

## BREAKFAST

Served 7:30- 11am

### FRENCH TOAST \$7.99

Traditional French toast topped with powder sugar and a side of maple syrup.

### PANCAKE \$7.99

3 fluffy pancakes topped with powder sugar and a side of maple syrup.

### BISCUIT & GRAVY \$9.99

Fresh baked biscuit with savory sausage gravy served with 1 sunny side up egg and tater tots.

### BREAKFAST TACO 11.99

Two flour tortilla loaded with scramble egg and a side of tater tots.

• Meaty - bacon, sausage, peppers, onions and cheese.

• Vegetarian- tomatoes, mushroom, peppers, onions and cheese.

• Classic- a choice of bacon or sausage, peppers, onions and cheese.

### AVOCADO TOAST 9.99

Whole grain toast topped with pressed avocado, fresh cracked pepper and sea salt served with 1 sunny side up egg and tater tots.

## EGG- SCLUSIVES

served with tater tots

### BREAKFAST SANDWICH \$7.99

Egg and cheese with a choice of meat between toast.

### EGGS YOUR WAY \$9.99

2 eggs any style with a choice of sausage or bacon and toast.

### ELEVATED EGG SANDWICH \$9.99

Over easy egg with bacon, cheese, fresh pressed avocado and arugula on a brioche bun.

### BYO OMELET \$8.99

Egg served with toast.

Add any topping for .75 cents each.

Bacon • Ham • Sausage • Tomato • Bell peppers • Onion • Avocado • Cheese • Jalapeños • Mushroom .

### BLT EGG BENEDICT. \$11.99

Arugula, bacon, ripe vine tomatoes, avocado, poached eggs and hollandaise sauce on a multigrain wheat toast .

### CRAB BENEDICT. \$14.99

Lump crab cakes, poached eggs and hollandaise sauce on a multigrain wheat toast .

## KIDS \$5.99

KIDS MEAL COME WITH ICED TEA OR FOUNTAIN DRINK

### KIDS FRENCH TOAST

Traditional French toast topped with powder sugar and a side of maple syrup.

### PANCAKE

2 fluffy pancakes topped with powder sugar and a side of maple syrup. Add chocolate chip \$1.00

### KIDS WAFFLE STICK

Waffle topped with powder sugar and a side of maple syrup. Add chocolate chip \$1.00

## SIDES

|                                   |   |
|-----------------------------------|---|
| EGGS.....                         | 3 |
| BACON, SAUSAGE PATTIES.....       | 4 |
| TATER TOTS.....                   | 3 |
| FRUIT.....                        | 4 |
| TOAST: BISCUIT, WHEAT, WHITE..... | 2 |



## BEVERAGES

### HOT DRINKS

COFFEE • DECAF COFFEE • HERBAL TEAS

### NON- ALCOHOLIC

CHOCOLATE MILK • MILK • ORANGE JUICE • APPLE JUICE • PINEAPPLE JUICE • CRANBERRY • RED BULL

### FOUNTAIN DRINKS

DR. PEPPER • PINK LEMONADE • MOUNTAIN DEW • PEPSI • DIET PEPSI • ROOT BEER • SIERRA MIST  
• FRESH-BREWED SWEET • UNSWEETENED ICED TEA



20% GRATUITY WILL BE ADDED TO PARTIES 6 OR MORE.

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF  
FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS